

## Independently Owned and Run Micro Coffee Roasters providing Locally Sourced Produce in the Heart of Dublin's Temple Bar.



BOWLS			TOASTIES (1)	Add Soup	+€4.00
Porridge (1 & 7) Irish Oats with Fresh Berries, Banana & Honey			Grilled Three Cheese Mix (7)		€7.50
<b>Granola Bowl (1 &amp; 7)</b> House Blend Granola with Natural Yoghurt, Fresh Berries & Berry Compote		€8.50	Grilled Cheese & Caramelised Red Onion (7 & 12)		€8.50
			Baked Ham & Cheese Mix (7)		€9.00
Overnight Oats (1, 6, 7 & 8) Irish Oats soaked overnight in Milk topped with White Choc, Berries, Banana & Toasted Maple Pecans  TOASTS			Chicken, Cheese, Onion, Rocket & Spicy Mayo (3 & 7)		€10.50
			Caprese (Mozzarella, Tomatoes, Basil & Pesto) (3, 7 & 8		
			Tuna, Corn, Cheese, Red Onion, Rocket & Mayo (3 & 7)  Bacon Lettuce Tomato & Mayo (3)		€11.50
All Toasts come with Sourdough Bread & Rocket Side Salad topped with Parmesan & a Balsamic Glaze (1 & 7)					€10.50
		-	Club (Cheese, Chicken, Bacon, Lettuce & Mayo) (7)		€12.00
Toast (1)			BAPS (1, 3, 7 &		€10.00
Two Slice's of Sourdough, Butter & Strawberry Jam		€3.75	Bacon, Egg & Sausage Bap with Ballymaloe Relish Halloumi, Tomato & Rocket Bap with Ballymaloe Relish		€9.50
Smashed Avocado (1, 3 & 7)					
Topped with Feta Cheese and a Fried Egg Wild Mushroom & Walnut Pate (1 & 8)		(10 50	<b>SOUP OF THE DAY</b> Soup with Sourdough Bread		€7.50
		€10.50			
Spicy Chickpea & Chorizo Beans (1) €8.00		€8.00	SAVOURY CREPES (1, 3 & 7)		
Scrambled Eggs (3 & 7)		€9.00	BCB (10) Streaky Bacon Pieces, Cheese & Ballymaloe Relish		€8.50
Add-ons - Build your own Irish Breakfast			Plain Jane Baked Ham & Cheese topped with a Fried Egg		€9.50
Free Range Egg - €2.50 Clonakilty Black/White Pudding (2) - €3.50			Goaty (12)		
Scrambled - €4.00 Smoked Salmon - €5.50			Irish Goats Cheese, Spinach, Mushrooms & Drizzled with a Balsamic Glaze €11.5€ Smokey (4)		£11 E0
Toast (1) - €2.00 Leek & Guinness Sausage - €3.00 Spicy Chorizo - €2.50 Button Mushrooms - €2.50					£11.30
Smashed Avo - €3.50 Smoked Streaky Bacon - €3.50			Soft Cream Cheese, Red Onion & Smoked Salmon with a Sprinkle of Chives		440 50
Spicy Chorizo & Chickpea Beans - €2.50					€12.50
WAFFLES (1, 3 & 7) WITH CREAM			<b>Supreme Chick (10 &amp; 12)</b> Roast Chicken, Cheese, Spinach & Garlic Mayo		€12.50
Nude	and the same of th		Ultimate Veg (10 & 12)		€11.50
Wimbledon	Strawberries & Cream	€12.00	Cheese, Spinach, Tomatoes, Red Onion & Garlic Mayo topped with a Fried Egg		C11.30
Canadian (8)	Maple Syrup & Pecans	€11.50 €12.50	SMOOTHIES Banana, Peanut butter, Oats & Milk (1, 7 & 8)		
BBNI (6, 7 & 8)	Baileys, Banana, Nutella & Ice Cream	€12.50			
Banoffee (7)	Banana, Crushed Biscuits, & Ice	€11.50	Berry Mix, Frozen Yoghurt & OJ <b>(7)</b>		€7.00
	Cream	_	Avocado, Spinach & Apple Juice		
White Choco	Mixed Berries, White Choc	€12.00		6 (1, 3 & 7) WITH CREAM	
Berry (6)	Buttons & Strawberry Sauce		Nude Trad	Just Icing sugar Butter, Sugar & Lemon	€6.00 €7.50
AMERICAN STYLE PANCAKES (1, 3 & 7)			Frutti	All the Berries & Strawberry Sauce	€7.50 €11.50
Fluffy Pancakes Topped with Vanilla		€12.50	B&R (6 & 8)	Nutella & Strawberries	€10.50
Mascarpone, Berry Compote & Fresh Berries		£12.50	B&W (6 & 8)	Nutella & Bananas	€10.50
Fluffy Pancakes Topped with Maple Syrup & Cripsy Streaky Bacon		€12.50	Yum (6 & 8) CBI (6)	Nutella, Strawberries & Banana Choc Pieces, Baileys & Ice cream	€11.50 €12.00
Flore Donardon Toward with White Chandra		£10 E0	Maple	Maple Syrup & Banana	€10.00
	ce & Crush Lotus Biscuits	€12.50	Mont Blanc (6)	White Choc Pieces & Strawberries	€11.00

## **ALLERGENS LIST**

- 1. Cereals containing gluten wheat (such as spelt and khorasan wheat), rye, barley, oats
- 2. Crustaceans, e.g., crabs, prawns, lobsters
- 3. Eggs
- 4. Fish
- 5. Peanuts
- 6. Soybeans
- 7. Milk
- 8. Nuts (almonds, hazelnuts, walnuts, cashews, pecan nuts, brazil nuts, pistachio nuts, macadamia/Queensland nut).
- 9. Celery
- 10. Mustard
- 11. Sesame seeds
- 12. Sulphur dioxide and sulphites (at concentrations of more than 10 mg/kg or 10 mg/L in terms of total sulphur dioxide) used as a preservative
- 13. Lupin

14. Molluscs, e.g., mussels, oysters, squid, snails

## **Opening & Closing Times**

Monday - 8am to 4pm

Tuesday - 8am to 4pm

Wednesday - Closed

Thursday - 8am to 4pm

Friday - 8am to 4pm

Saturday - 9am to 7pm

Sunday - 10am to 7pm



## A Short message from us

Being from the inner city all of our lives, it was always our dream to open a wine bar & café in the heart of Dublin City. Wholesome food, coffee on the drip & a banging atmosphere during the day followed by wine & nibbles in the evening. We are not just a service nor just a product but we want to be part of your experience in Temple Bar.

Temple Bar is part of our community and it is a privilege to serve you. If we can do better please let us know,

Thank you

**Owen**